Attachment Theory and Research:
Implications for Psychodynamic Psychotherapy (Diciembre 2017)

Part 1: State the information the authors give when they:

1) State the centrality of their research topic
2) Relate the gaps in this research topic with the aims of their study
3) Explain Bowlby’s theory and Ainsworth’s research paradigm

Part 2: State the information the authors give when they:

4) Discuss the empirical literature on adult attachment classifications following two traditions (compare and contrast the main two authors presented in each of these traditions)
5) Enumerate the contributions of attachment theory to psychotherapy
6) Describe the research findings by exemplifying the two types of patients

Part 3: Answer these questions:

7) What do all the attachment-based interventions have in common?
8) How do the authors’ conclusions relate to the gaps in research on attachment theory and the aims of their study presented in the first section of the article?

Nota: El paper inclúa desde el inicio hasta la pag. 405 y luego de la pag. 411 hasta el final. El intervalo entre 405 y 411 fue removido del examen.

Material recopilado por la Lic Cecilia García Robles. www.inglesuba.com