

**Emotion, Emotion Regulation, and Psychopathology:  
An Affective Science Perspective (Febrero 2015)**

*Las preguntas me las pasaron los compañeros en español, pueden no ser exactas*

**Assignment:**

- 1) What is the paper about?
- 2) What is the structure of the paper?
- 3) Which keywords are likely to follow up the abstract?
- 4) Why is it said that there is a transparent and opaque relationship between emotions and psychopathology?
- 5) What are the aspects that the authors consider that can improve emotional regulation?
- 6) Draw up a chart with the emotion regulation processes, including their definitions, and explain each of them
- 7) What is the GAP related to “problematic emotional intensity”?
- 8) What are the important points that should be considered to continue researching in relation to the assessment of emotions?
- 9) What should be thought more deeply at the beginning of the treatment?